



Date:
Name:
Occupation:
Cell Phone: E-mail Address:
Okay to leave messages everywhere? If not, explain:
Preferred means of communication:
Names of important people in your life (spouse, children, family, friends, etc.):
What role does faith play in your life?
In what ways would you like for your life to be different one year from now and be specific?
What's getting in the way of you reaching these goals?
Have you ever been coached? If so, please describe the experience?
Do you have specific goals for the coaching relationship?
What are your personal and professional significant commitments?

Where do you want to focus first?
What parts of your life are working best now?
What parts of life are working least well?
What are your values?
What stops you from having the life you want to have?